| Senior Meal Suggested Donation   Lunch \$2.00     Under 60 years \$6.00     Menu Subject to Change  |                                |                                  |                         |                              |                            |  |
|---|--------------------------------|----------------------------------|-------------------------|------------------------------|----------------------------|--|
| Please call 896-8313, if you have any questions, need transportation to Meadowlark or need to cancel Home Delivered Meal   Tuesday Country Fried Steak w/Gravy Mashed Potatoes Steamed Rorcotol Garden Salad W/Dressing Biscuit w/Margarine Fresh Banana Pudding Biscuit w/Margarine Fresh Banana Pudding Biscuit w/Margarine Fresh Banana Pudding Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Chilled Applessuce MONDAY 20 TUESDAY 21 TUESDAY 21 TUESDAY 21 TUESDAY 22 TUESDAY 22 TUESDAY 23 Sloppy Joe w/Bun Potato Wedges Garden Salad W/Dressing Swear Roling W/Margarine Chilled Applessuce MONDAY 27 TUESDAY 28 Sloppy Joe w/Bun Potato Wedges Garden Salad W/Dressing Sured Rolad W/Dressing Supplementation of the potato Size Garden Salad W/Dressing Supplementation Size Cookie Monday 27 Tuesday 28 Tresh Grange Garden Salad W/Dressing Supplementation Size Cookie Monday 27 Tuesday 28 Tesh Grange Fresh Grange F    | Summer JUNE 2016 Summer        |                                  |                         |                              |                            |  |
| Lunch \$2.00  | MONDAY                         | TUESDAY                          | WEDNESDAY 1*            | THURSDAY 2*                  | FRIDAY 3                   |  |
| Lunch \$2.00   Under 60 years \$6.00   Under 60 years \$6.00   Italian Green Beams   Caesar Salad W/Dressing   Garlic Toast   Chilled Prait Cocktail   Steamed Mixed Veggies   Streaded Lettuce/Tomato Steamed Brown Rice   Steamed Salad w/Dressing   Sweet Roll w/Margarine   Chilled Apricots   Mixed Veggies   Mixed Veggies   Mixed Veggies   Mixed Veggies   Steamed Mixed Veggies   Steamed Garont Salad w/Dressing   Sweet Roll w/Margarine   Chilled Apricots   Mashed Potatoes   Mixed Veggies   Steamed Mixed Veggies   Steamed Green Peas   Steamed Brown Rice   Steamed Mixed Veggies   Garden Salad w/Dressing   Fresh Pineapple Spear   Fresh Banana   Fresh Banana   Fresh Banana   Fresh Banana   Fresh Banana   Fresh Banana   Pudding   Pineapple Spear   Fresh Banana   Fresh Banana   Pudding   Pineapple Spear   Fresh Banana   Pudding   Pineapple Spear   Fresh Banana   Pudding   Pineapple Spear   Fresh Banana   Fresh Mondon   Fresh Melon   Fresh Me | Senior Meal Suggested Donation | Please call 906 9313 if you have | Baked Ziti w/Meat Sauce | Oven Fried Chicken Breast    | RC Beef & Cheese Enchilada |  |
| Menu Subject to Change   Meal Subject to Chiled Fruit Cocktail   Steamed Brown Rice Steamed Mixed Green Salad w/Dressing Swet Roll w/Margarine Chilled Apricots Chilled Peaches   Mixed Green Salad w/Dressing Swet Roll w/Margarine Chilled Apricots Chilled Peaches   Mixed Green Salad w/Dressing Swet Roll w/Margarine Chilled Apricots Chilled Peaches   Mixed Green Salad w/Dressing Swet Roll w/Margarine Chilled Apricots Chilled Peaches   Mixed Green Salad w/Dressing Steamed Mixed Green Salad w/Dressing Swet Roll w/Margarine Pineapple Spear   William Rice Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Banana   Steamed Broccoli Garden Salad w/Dressing Biscuit w/Margarine Pudding Biscuit w/Margarine Fresh Apple Slices   MoNDAY 20   TUESDAY 21   WEDNESDAY 22   THURSDAY 23   FRIDAY 24   TUESDAY 24   TUESDAY 24   TUESDAY 24   TUESDAY 25   THURSDAY 26   TRIPS A WEDNESDAY 27   TUESDAY 28   WEDNESDAY 29   THURSDAY 30   FRIDAY 24   TUESDAY 27   TUESDAY 28   WEDNESDAY 29   THURSDAY 30   FRIDAY Canned Friesh Banana   Fresh Banana   Cookie   Fresh Meal   Fre    | Lunch \$2.00                   |                                  | Italian Green Beans     | Mashed Potato/Gravy          | Spanish Rice               |  |
| Menu Subject to Change  | Under 60 years \$6.00          |                                  | Caesar Salad W/Dressing | Beet and Onion Salad         | Zucchini and Onions        |  |
| Meal  |                                |                                  | Garlic Toast            |                              | Shredded Lettuce/Tomato    |  |
| Savory Chicken Breasts   Salisbury Steak w/Gravy   Mashed Potatoes   Steamed Brown Rice   Steamed Carrots   Mixed Green Salad w/Dressing   Sweet Roll w/Margarine   Chilled Apricots   Chilled Peaches   Steamed Mixed Veggies   Garden Salad w/Dressing   WW Roll w/Margarine   Chilled Apricots   Chilled Peaches   Steamed Mixed Veggies   Steamed Green Peas   Tossed Salad w/Dressing   WW Roll w/Margarine   Fresh Banana   Fresh Banana   Sicut w/Margarine   Pudding   Biscuit w/Margarine   Pudding   Biscuit w/Margarine   Presh Apple Sices   Steamed Green Salad w/Dressing   Sicut w/Margarine   Pudding   Biscuit w/Margarine   Presh Banana   Pudding   Biscuit w/Margarine   Presh Apple Sices   Steamed Roccoli   Spinach Salad w/Dressing   Fresh Orange   WEDNESDAY 29   TUESDAY 21   TUESDAY 28   Sloppy Joe w/Bun   Potato Wedges   Garden Salad W/Dressing   Fresh Orange   Fresh Orange   Fresh Orange   Fresh Orange   Fresh Grapes   Fresh Orange   Fresh Or    | Menu Subject to Change         |                                  | Chilled Fruit Cocktail  |                              | Fresh Orange               |  |
| Savory Chicken Breasts Steamed Brown Rice Steamed Carrots Mixed Green Salad w/Dressing Sweet Roll w/Margarine Chilled Apricots  Mashed Potatoes Steamed Mixed Veggies MONDAY 13  Country Fried Steak w/Gravy Mashed Potatoes Steamed Brown Mashed Potatoes Steamed Mixed Veggies Garden Salad w/Dressing WW Roll w/Margarine Chilled Peaches  Steamed Mixed Veggies Garden Salad w/Dressing WW Roll w/Margarine Fresh Pineapple Spear  Tossed Salad w/Dressing WW Roll w/Margarine Fresh Banana  Steamed Green Peas Tossed Salad w/Dressing WW Roll w/Margarine Fresh Banana Cookie  Chilled Peaches Steamed Green Peas Tossed Salad w/Dressing WW Roll w/Margarine Fresh Banana Cookie  Chilled Fruit Cocktail FRIDAY 17  Country Fried Steak w/Gravy Mashed Potatoes Steamed Green Peas Tossed Salad w/Dressing Fresh Pineapple Spear  Thurks Day 16  FRIDAY 17  Country Fried Steak w/Gravy Mashed Potatoes Steamed Green Peas Tossed Salad w/Dressing Fresh Banana Cookie  Chilled Fruit Cocktail Fresh Apple Slices  Thurks Day 2  Tuesday 3  Tuesday 3  Tossed Salad w/Dressing Fresh Apple Slices Steamed Green Peas Steamed Green Peas Thurks Day 16  Coltage Cheese Chilled Fruit Cocktail Cookie  Coleslaw  Wa Roll w/Margarine Fresh Apple Slices  Steamed Green Peas Steamed Mixed Veggies Garden Salad w/Dressing Fresh Pineapple Spear  Tuesday Vegetarian Lasagna w/Spinach Italian Vegetables Scalad W/Dressing Garlic Toast Chilled Peaches Scalad W/Dressing Garlic Toast Chilled Peaches Scalad W/Dressing Garlic Toast Chilled Peaches Spanish Rice Caesar Salad W/Dressing Garlic Toast Chilled Peaches Spanish Rice Caesar Salad W/Dressing Garlic Toast Chilled Peaches Spanish Rice Caesar Salad W/Dressing Garlic Toast Chilled Peaches Spanish Rice Caesar Salad W/Dressing Garlic Toast Chilled Peaches Scaled W/Dressing Garlic Toast Chilled Peaches Scaled   |                                |                                  |                         |                              |                            |  |
| Steamed Brown Rice Steamed Carrots Mixed Veggies Mixed Green Salad w/Dressing Sweet Roll w/Margarine Chilled Apricots Monday 13 Country Fried Steak w/Gravy Mashed Potatoes Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices Monday 20 Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Turkey and Cheese Sandwich Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Fresh Orange WW Roll w/Margarine Fresh Apple Slices  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Fresh Orange WW Roll w/Margarine Chilled Paches Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Fresh Grapes  Turkey and Cheese Sandwich Raisins  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Fresh Banana  Turkey and Cheese Sandwich Raisins  Turkey and Cheese Sandwich Spinach Salad w/Dressing WW Roll w/Margarine Cookie  Turkey and Cheese Sandwich Raisins  Tossed Salad w/Dressing WW Roll w/Margarine Raisins  Cucumber and Tomato Salad Chilled Fruit Cocktail Cookie  Chilled Fruit Cocktail Cookie  Chilled Fruit Cocktail Cookie  Fresh Banana Chilled Fruit Cocktail Spinach Salad w/Dressing WW Roll w/Margarine Raisins  Cucumber and Tomato Salad Chilled Fruit Cocktail Brown Rice Coleslaw WW Roll w/Margarine Raisins  Cucumber and Tomato Salad Chilled Fruit Cocktail Chilken Strip w/MM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail Chilken Strip w/MM Parslied Potatoes Coesar Salad w/Dressing Tresh Apple Slices  Turkey Apple Slices  Steamed Mixed Vegg  |                                |                                  |                         |                              |                            |  |
| Steamed Carrots   Mixed Veggies   Mixed Oreen Salad w/Dressing   Mixed Green Salad w/Dressing   Mixed Green Salad w/Dressing   WW Roll w/Margarine   Chilled Apricots   Chilled Peaches   Fresh Pineapple Spear   Fresh Pineapple Spear   Tossed Salad w/Dressing   WW Roll w/Margarine   Chilled Apricots   THURSDAY 16   FRIDAY 17  | Savory Chicken Breasts         | Salisbury Steak w/Gravy          | Garlic Ginger Chicken   | Swiss Steak                  | Chicken Salad Sandwich     |  |
| Mixed Green Salad w/Dressing Sweet Roll w/Margarine Chilled Apricots   WW Roll w/Margarine Chilled Peaches   Fresh Pineapple Spear   Fresh Pineapple Spear   Tossed Salad w/Dressing WW Roll w/Margarine   Fresh Pineapple Spear   Tossed Salad w/Dressing WW Roll w/Margarine   Fresh Pineapple Spear   Tossed Salad w/Dressing WW Roll w/Margarine   Fresh Banana   Cookie  | Steamed Brown Rice             |                                  |                         | Scalloped Potatoes           | Coleslaw                   |  |
| Sweet Roll w/Margarine Chilled Apricots  WW Roll w/Margarine Chilled Peaches  Fresh Banana  TUESDAY 14  WEDNESDAY 15  Mashed Potatoes Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  Tuesday 1  Tuesday 2  Tuesday 3  Tuesday 3  Tuesday 3  Tuesday 4  Tuesday 2  Tuesday 3  Tuesday 4  Tuesday  |                                |                                  |                         |                              |                            |  |
| Chilled Apricots  Chilled Peaches  MONDAY 13  TUESDAY 14  WEDNESDAY 15  THURSDAY 16  FRIDAY 17  Country Fried Steak w/Gravy Mashed Potatoes Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  TUESDAY 21  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  TUESDAY 28  Sloppy Joe w/Bun Potato Wedges Garden Salad W/Dressing W/Shredded Romaine Lettuce Macaroni Salad Fresh Grapes Garden Salad W/Dressing Biscuit w/Margarine Chilled Mandarin Oranges  WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Garen Beans Cucumber and Tomato Salad Chilled Fruit Cocktail Fresh Banana Cookie  Fresh Banana Chilled Friesh Grapes Spanish Rice Caesar Salad W/Dressing Biscuit w/Margarine Chilled Mandarin Oranges Chilled Mandarin Oranges  WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail Fresh Banana Cookie  Fresh Banana Cookie  Tuliain Vegetables Caesar Salad W/Dressing Biscuit w/Margarine Chilled Peaches Chilled Peaches Fresh Melon Salsa FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail Fresh Banana Chilled Fruit Cocktail Fresh Banana Chilled Fruit Cocktail Fresh Banana Tomato, Cheese & Egg Canned Fruit in Light Syrup Www Whole Wheat Tomato, Cheese & Egg Canned Fruit in Light Syrup Www Whole Wheat Fresh Orange Chilled Applessing Green Beans Fresh Grapes Frito Pie Pinto Beans Succhini & Onions Shredded Lettuce/Tomato Fresh Orange Chilled Provided Lettuce/Tomato Fresh Orange Caesar Salad W/Dressing Garden Salad w/Dressing Brown Rice Pilaf Italian Vegetables Chilled Peaches Fresh Melon Fresh Melon Fresh Melon Fresh Orange Garden Salad w/Dressing Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail Fresh Orange Cookie Fresh Banana Cookie Fresh Orange Chilled Provided Lettuce/Tomato Fresh Orange Caesar Varp Wwww Whole Wheat Fresh Orange Chilled Pea  |                                | 0                                |                         | 0                            |                            |  |
| MONDAY 13   TUESDAY 14   WEDNESDAY 15   THURSDAY 16   FRIDAY 17   | _                              |                                  | Fresh Pineapple Spear   |                              |                            |  |
| Country Fried Steak w/Gravy   Egg Salad Sandwich   Mashed Potatoes   3 Bean Salad   Mashed Potatoes & Gravy   Steamed Broccoli   Lettuce Leaf & Tomato Slice   Garden Salad W/Dressing   Biscuit w/Margarine   Fresh Banana   Pudding   Biscuit w/Margarine   Fresh Apple Slices   Tuesday 21   Wedness Sprouts   Steamed Broccoli   Steamed Broccoli   Carrot/Raisin Salad   Wedness Salad   Wedness Sprouts   Steamed Broccoli   Spinach Salad w/Dressing   WW Roll w/Margarine   Cookie   Raisins   Cookie   Raisins   Wedness Salad   Chilled Fruit Cocktail   Steamed Broccoli   Steamed Broccoli   Steamed Broccoli   Steamed Broccoli   Steamed Broccoli   Spinach Salad w/Dressing   WW Roll w/Margarine   Cookie   Raisins   Cookie   Raisins   Steamed Broccoli   Stea    |                                |                                  |                         |                              |                            |  |
| Mashed Potatoes Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spanish Rice  Turkey and Cheese Sandwich Spanish Rice  Turkey and Cheese Sandwich Spanish Rice  Spanish Rice  Turkey and Cheese Sandwich Spanish Rice  Toast Chilled Peaches Shredded Lettuce/Tomato Shr  | MONDAY 13                      | TUESDAY 14                       | WEDNESDAY 15            | THURSDAY 16                  | FRIDAY 17                  |  |
| Steamed Broccoli Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Garden Salad w/Dressing Biscuit w/Margarine Chilled Mandarin Oranges  WEDNESDAY 29  THURSDAY 30  FRIDAY  Key and Cheese Sandwich Beef Goulash Brussels Sprouts Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Tomato, Cheese & Egg Canned Fruit in Light Syrup We Solit w/Margarine Chilled Lettuce/Tomato Fresh Melon Salsa  Thursday 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  Canden Salad w/Dressing Fresh Orange WW Roll w/Margarine Fresh Grapes  Frito Pie Pinto Beans Garden Salad w/Dressing Biscuit w/Margarine Chilled Peaches Chilled Peaches Fresh Melon Chilled Peaches Thursday 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Wroll w/ Margarine Fresh Banana Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Wroll w/ Margarine Fresh Banana Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Wroll w/ Margarine Fresh Banana Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Cucumber and Tomato S  | Country Fried Steak w/Gravy    | Egg Salad Sandwich               | Meatloaf                | Vegetarian Lasagna w/Spinach | Chicken Fajitas            |  |
| Garden Salad W/Dressing Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  TUESDAY 21  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  TUESDAY 28  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Garden Salad W/Dressing Gardic Toast Chilled Peaches Shredded Lettuce/Tomato Fresh Melon Salsa  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Chilled Applesauce Macaroni Salad Garden Salad w/Dressing Biscuit w/Margarine Chilled Mandarin Oranges WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana Tomato, Cheese & Egg Canned Fruit in Light Syrup WW Shredded Romaine Lettuce Fresh Orange Fresh Apple Slices Fresh Grapes Fresh Grapes Fresh Orange Fresh  | Mashed Potatoes                | 3 Bean Salad                     | Mashed Potatoes & Gravy | Italian Vegetables           | Spanish Rice               |  |
| Biscuit w/Margarine Fresh Apple Slices  MONDAY 20  TUESDAY 21  WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Fresh Apple Slices  Pudding Biscuit w/Margarine Chilled Mandarin Oranges  WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Chicken Strip w/HM Lemon Pepper Tilapia Brussels Sprouts Tossed Salad w/Dressing WW Roll w/Margarine Raisins  WEDNESDAY 29  THURSDAY 30  Frito Pie Pinto Beans Garden Salad W/Dressing Fresh Apple Slices  WEDNESDAY 29  Frito Pie Pinto Beans Garden Salad W/Dressing Fresh Apple Slices  Fresh Melon Salsa  Frito Pie Pinto Beans Supply Joe w/Bun Frito Pie Pinto Beans Garden Salad W/Dressing Fresh Apple Slices  Fresh Melon Salsa  Frito Pie Pinto Beans Supply Joe w/Bun Frito Pie Pinto Beans Supply Joe w/Shredded Romaine Lettuce Macaroni Salad Fresh Grapes  Fresh Grapes  Biscuit w/Margarine Chilled Mandarin Oranges  Beef Goulash Brussels Sprouts Tossed Salad w/Dressing WW Roll w/Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Chilled Peaches  Frito Pie Parslied Potatoes Brown Rice Pilaf Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/W Roll w/W Margarine Fresh Grapes  Frito Pie Pinto Beans Croutons Croutons WW = Whole Wheat Club Crackers GC = Green Chili Fresh Crackers Fresh Club Crackers GC = Green Chili Fresh Crackers Fresh Crackers Fresh Melon  Chicken Caesar Wrap WW Roll w/Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail  Fresh Grapes Fresh Grapes Frito Pie Pinto Beans Croutons From Apple Slices Fresh Crackers Fresh Crackers Fresh Crackers Fresh Crackers Fresh Crackers Fresh Carrot/Raisin Salad Fresh Grapes Fri  | Steamed Broccoli               | Lettuce Leaf & Tomato Slice      | Steamed Cauliflower     | Caesar Salad W/Dressing      | Zuchini & Onions           |  |
| Fresh Apple Slices  MONDAY 20  TUESDAY 21  WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Garden Salad W/Dressing Garden Salad W/Dressing Garden Salad W/Dressing Fresh Grapes  Garden Salad W/Dressing Fresh Grapes  Chilled Mandarin Oranges WEDNESDAY 22  THURSDAY 23  FRIDAY 24  Chicken Strip w/HM Parslied Potatoes Brown Rice Pilaf Italian Vegetables Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/Margarine Fresh Banana  Chicken Caesar Wrap Wy Roll w/Margarine Frito Pie Pinto Beans Succehini & Onions Shredded Lettuce/Tomato Fresh Orange Fresh Orange  Cannet Fruit in Light Syrup WW Foll w/Each Meal Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup WW Foll w/Each Meal Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup WW Foll w/Each Meal Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup WW Foll w/Each Meal Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup Cannet Fruit in Light Syrup WW Full w/Each Meal Cannet Fruit in Light Syrup WW Full w/Each Meal Cannet Fruit in Light Syrup Canne  | Garden Salad W/Dressing        | Fresh Banana                     | Garden Salad w/Dressing | Garlic Toast                 | Shredded Lettuce/Tomato    |  |
| MONDAY 20   TUESDAY 21   WEDNESDAY 22   THURSDAY 23   FRIDAY 24   |                                | Pudding                          |                         | Chilled Peaches              | Fresh Melon                |  |
| Creole Pork Chop Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Garden Salad W/Dressing Fresh Grapes Garden Salad W/Dressing Fresh Grapes  Turkey and Cheese Sandwich Lettuce/Tomato Slice Brussels Sprouts Tossed Salad w/Dressing WW Roll w/Margarine Raisins  WW Roll w/Margarine Raisins  Chilled Fruit Cocktail  Parslied Potatoes Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  Thurkey and Cheese Sandwich Brussels Sprouts Tossed Salad w/Dressing WW Roll w/Margarine Raisins  Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Pito Pie Pinto Beans Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla Fresh Orange  Chicken Strip w/HM Parslied Potatoes Brown Rice Pilaf Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/W Roll w/ Margarine Fresh Banana  Coleslaw WW Roll w/ Margarine Frito Pie Pinto Beans Croutons Croutons Club Crackers GC = Green Chili RC = Red Chili  | Fresh Apple Slices             |                                  |                         |                              |                            |  |
| Roasted Red Potatoes Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Presh Grapes WShredded Romaine Lettuce Green Beans Green Beans WEDNESDAY 29  Frito Pie Potato Wedges Green Beans Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  THURSDAY 30 FRIDAY  Sloppy Joe w/Bun Potato Wedges Green Beans Green Beans Frito Pie WShredded Romaine Lettuce Frito Pie Mondaroni Salad Fresh Grapes Fresh Grapes Fresh Grapes Fresh Grapes Fresh Grapes Fresh Orange  Brown Rice Pilaf Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Salad w/Turkey, Ham Low-Fat Milk Served w/Each Meal Tomato, Cheese & Egg Canned Fruit in Light Syrup Cheese & Egg Canned Fruit in Light Syrup Club Crackers Fresh Orange RC = Green Chili Fresh Orange RC = Red Chili  | MONDAY 20                      | TUESDAY 21                       | WEDNESDAY 22            | THURSDAY 23                  | FRIDAY 24                  |  |
| Steamed Broccoli Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Green Beans Cookie  Tossed Salad w/Dressing WW Roll w/Margarine Raisins  WEDNESDAY 29  WEDNESDAY 29  Frito Pie Pinto Beans Garden Salad W/Dressing Fresh Grapes  Macaroni Salad Fresh Grapes  Fresh Grapes  Fresh Grapes  Tossed Salad w/Dressing WW Roll w/Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Salad WW Roll w/ Margarine Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  Frito Pie Pinto Beans Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla Fresh Orange  Raisins  Green Beans Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Salad WW Roll w/ Margarine Fresh Banana  Frito Pie Pinto Beans Croutons Croutons Croutons Croutons Club Crackers GC = Green Chili RC = Red Chili   | Creole Pork Chop               | Turkey and Cheese Sandwich       | Beef Goulash            | Chicken Strip w/HM           | Lemon Pepper Tilapia       |  |
| Spinach Salad w/Dressing WW Roll w/Margarine Chilled Applesauce  MONDAY 27  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Fresh Grapes  Fresh Grapes  Fresh Orange Raisins  WW Roll w/Margarine Raisins  Cucumber and Tomato Salad Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  THURSDAY 30  FRIDAY  Chef's Salad w/Turkey, Ham, Low-Fat Milk Served w/Each Meal Potato Wedges Green Beans Garden Salad W/Dressing Fresh Grapes  Fresh Grapes  Fresh Grapes  WW Roll w/Margarine Cucumber and Tomato Salad Coleslaw WW Roll w/ Margarine Fresh Banana  THURSDAY 30  FRIDAY  Chef's Salad w/Turkey, Ham, Low-Fat Milk Served w/Each Meal Tomato, Cheese & Egg Canned Fruit in Light Syrup  Croutons WW = Whole Wheat Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  Frito Pie Pinto Beans Croutons Croutons Croutons Croutons Croutons Fresh Grapes Fresh Grapes Fresh Orange Fresh Orange Raisins  | Roasted Red Potatoes           | Lettuce/Tomato Slice             |                         | Parslied Potatoes            |                            |  |
| WW Roll w/Margarine Chilled Applesauce  MONDAY 27  TUESDAY 28  Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Fresh Grapes  Fresh Grapes  Raisins  Chilled Fruit Cocktail WW Roll w/ Margarine Fresh Banana  WEDNESDAY 29  THURSDAY 30  FRIDAY  Chef's Salad w/Turkey, Ham, Low-Fat Milk Served w/Each Meal Tomato, Cheese & Egg Canned Fruit in Light Syrup  Canned Fruit in Light Syrup  Cocktail WW Roll w/ Margarine Fresh Banana  Frito Pie Pinto Beans Zucchini & Onions Croutons Croutons Croutons WW = Whole Wheat GC = Green Chili Fresh Orange RC = Red Chili   |                                |                                  |                         |                              | **                         |  |
| Chilled ApplesauceFresh BananaMONDAY 27TUESDAY 28WEDNESDAY 29THURSDAY 30FRIDAYSloppy Joe w/BunChicken Caesar WrapFrito PieChef's Salad w/Turkey, Ham. Low-Fat Milk Served w/Each MealPotato Wedges<br>Green BeansW/Shredded Romaine Lettuce<br>Macaroni SaladPinto Beans<br>Zucchini & OnionsTomato, Cheese & Egg<br>CroutonsCanned Fruit in Light SyrupGarden Salad W/Dressing<br>Fresh Apple SlicesFresh GrapesShredded Lettuce/Tomato<br>Flour TortillaClub Crackers<br>Fresh OrangeGC = Green Chili<br>RC = Red Chili   |                                |                                  |                         |                              |                            |  |
| MONDAY 27TUESDAY 28WEDNESDAY 29THURSDAY 30FRIDAYSloppy Joe w/BunChicken Caesar WrapFrito PieChef's Salad w/Turkey, Ham.Low-Fat Milk Served w/Each MealPotato Wedgesw/Shredded Romaine LettucePinto BeansTomato, Cheese & EggCanned Fruit in Light SyrupGreen BeansMacaroni SaladZucchini & OnionsCroutonsWW = Whole WheatGarden Salad W/DressingFresh GrapesShredded Lettuce/TomatoClub CrackersGC = Green ChiliFresh Apple SlicesFlour TortillaFresh OrangeRC = Red Chili  |                                | Cookie                           | Raisins                 | Chilled Fruit Cocktail       |                            |  |
| Sloppy Joe w/Bun Potato Wedges Green Beans Garden Salad W/Dressing Fresh Apple Slices  Chicken Caesar Wrap W/Shredded Romaine Lettuce Pinto Beans Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla  Frito Pie Pinto Beans Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla  Chef's Salad w/Turkey, Ham Low-Fat Milk Served w/Each Meal Canned Fruit in Light Syrup WW = Whole Wheat GC = Green Chili RC = Red Chili   |                                | THEODAY 40                       | WEDNESD AV 40           | THIDODAYAO                   |                            |  |
| Potato Wedges Green Beans Garden Salad W/Dressing Fresh Apple Slices  W/Shredded Romaine Lettuce Pinto Beans Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla  Tomato, Cheese & Egg Canned Fruit in Light Syrup WW = Whole Wheat GC = Green Chili RC = Red Chili  |                                |                                  |                         |                              |                            |  |
| Green Beans Garden Salad W/Dressing Fresh Grapes Fresh Apple Slices  Macaroni Salad Zucchini & Onions Shredded Lettuce/Tomato Flour Tortilla  Croutons WW = Whole Wheat GC = Green Chili Flour Tortilla Fresh Orange RC = Red Chili   |                                |                                  |                         |                              |                            |  |
| Garden Salad W/Dressing Fresh Grapes Shredded Lettuce/Tomato Club Crackers GC = Green Chili Fresh Apple Slices Flour Tortilla Fresh Orange RC = Red Chili   |                                |                                  |                         |                              |                            |  |
| Fresh Apple Slices Flour Tortilla Fresh Orange RC = Red Chili   |                                |                                  |                         |                              |                            |  |
|   |                                | Tresii Grapes                    |                         |                              |                            |  |
|   | 1103H Tippio Blees             |                                  |                         | **                           |                            |  |
| Final Approved  |                                |                                  |                         |                              |                            |  |